

Why 'Cells'?

An image from biology—biological cells are tiny units that are alive, and give life to the whole body. The cells that make up our bodies are growing and multiplying all the time.

Cell Groups function within a Church body like cells function within a biological body—they foster basic life-giving processes that support the life of the larger Church body.



Cell Groups contain three strands of DNA—a focus on relationship with God; a focus on loving one another; a focus on loving those who don't yet know Jesus Christ.

Five Cell Values:

- C**hrist at the centre
- E**very member participates
- L**earning and growing
- L**oving one another
- S**eeking to multiply

Four Ws

- Welcome—getting connected
- Worship—touching God
- Word—searching Scripture
- Witness—reaching out

“... go and make disciples of all nations, ... baptizing them ... and teaching them to obey everything I have commanded you ... and surely I am with you always ...”

Matthew 28: 19-20

We hope you will want to be part of one of Holy Trinity's Cell Groups — you will be most welcome. Please contact the Church office for more information (604 731 3221).



Welcoming ♦ Relevant ♦ Traditional ♦ Evangelical

*A loving community, centred in Christ,
reaching out to all people.*

Cell Groups



*Evening-meal home gatherings
every two weeks
where we nurture friendship
with God and with each other.*

What is a cell group?

A cell group . . .

- is a part of church
- consists of 6-12 people who get together regularly in order to deepen relationship with God and with each other
- encourages people who participate to engage in all of life as ever more faithful followers of Jesus Christ
- welcomes newcomers who are searching for God and for community



What happens at a cell group?

At a cell group people . . .

- share a meal together
- talk with one another



- search Scripture together
- are open to being searched by Scripture together
- apply Scripture together
- pray for one another
- pray for friends and family who do not yet trust Jesus Christ
- determine to do good in the world, both individually and as a group
- invite other people to take part

Where and when does a cell group gather?

A cell group gathers . . .

- outside of church usually at a home of one of the people in the cell group about twice each month
- at a different home each time the cell group meets, if possible, with the intention that each person in the group hosts a gathering
- with the rest of the church at *Holy Trinity Anglican Church, Vancouver* (corner of West 12th Avenue and Hemlock Street) each Sunday

“I have come that they may have life, and have it to the full.”

John 10:10